

The Great California ShakeOut

Get Ready to #ShakeOut!

Join millions of people worldwide each year in practicing a “Drop, Cover, and Hold On” drill and other earthquake safety actions. Most people participate on International ShakeOut Day, which is the 3rd Thursday of October every year, but you can hold your drill on any day!

Everyone, everywhere can participate: individuals, families, schools, community groups, and other organizations can practice together, in the same place, or in multiple locations. You can also have a virtual drill through videoconferencing.

Join Millions!
Register at
ShakeOut.org

Practicing for an earthquake helps you react quickly when shaking begins – to learn what to do in various settings, visit ShakeOut.org/dropcoverholdon.

How to Participate

Plan Your Drill:

- Register at ShakeOut.org to be counted - your participation motivates others!
- Visit ShakeOut.org/howtoparticipate for sector-specific instructions, videos, etc.
- Inform participants of when, how, and where your drill will take place.

Get Prepared for Earthquakes:

- Secure furniture or other items that might fall, fly-off of shelves, or tumble out of cupboards.
- Create or update emergency plans.
- Organize or restock emergency supplies.
- To receive earthquake alerts, download MyShake from the app store. Visit earthquake.ca.gov to learn more.
- Visit EarthquakeCountry.org to learn more about earthquake preparedness.

Share the ShakeOut:

- Invite friends, family, neighbors, co-workers, and other groups to participate.
- Go to ShakeOut.org/resources for posters, flyers, videos, and other materials.
- Share photos and videos of your drill using #ShakeOut.



If You Feel Shaking or Get an Alert

If Possible



Using Cane



Using Walker



Using Wheelchair



EarthquakeCountry.org/step5

Countdown to ShakeOut



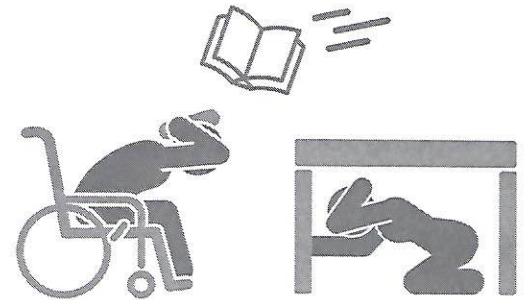
Use the countdown below to ensure everyone in your organization has the opportunity to participate in your ShakeOut drill.

6 Register your organization to participate at ShakeOut.org/register.

- Include the number of people participating organization-wide.
- Encourage employees to also practice earthquake safety at home.

5 Meet with department leaders to review plans, determine the level of drill your organization will conduct, and who will participate. Drill manuals are available on the ShakeOut.org website resources section with instructions for these levels:

- Level 1 – Simple: Drop (or Lock), Cover and Hold On
- Level 2 – Basic: Life Safety Drill
- Level 3 – Intermediate: Decision-Making Discussion and Drill
- Level 4 – Advanced: Business Operations Discussion and Drill



4 Create an exercise plan that describes your drill's goals, the timeline of what will happen (even if just Drop/Lock, Cover, and Hold On), and a feedback session after the drill to identify what went well and what can be improved. Share the plan with your participants.

3 Encourage suppliers, contractors, partnering organizations, and others in your network to participate – to improve earthquake resilience – and share ShakeOut resources with them. Consider other steps that may prepare your organization, such as having agreements in place to ensure that the services or products you rely on will be available after a disaster.

2 Create an employee awareness campaign:

- Post ShakeOut banners and signs throughout your organization to encourage and remind employees, vendors, and customers to participate.
- Email employees with information and tips on how to prepare at home and at work.
- Encourage employees to share ShakeOut-related messaging via email and social media.

1 Review and use other ShakeOut resources during your drill, such as:

- Drill broadcast audio and video recordings
- Earthquake safety accessibility tips (EarthquakeCountry.org/accessibility)
- Custom guidance for people in stores or other situations

0 Hold your drill on ShakeOut day (or an alternative date, if necessary).

- Have post-drill discussions to hear what people learned and plan next steps to continue to increase earthquake preparedness.

